



# AHD

*A step towards sustainable development*

## Association for Humanitarian Development

### *Annual Report*

# 2012





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Asia-Pacific leads the world in natural resource consumption. It is also the fastest growing source of greenhouse gas emissions. By 2030, its contribution to carbon dioxide emissions is projected to be nearly half of the global total. Six of ten countries rated as being highly vulnerable to climate change hail from the Asia Pacific region. For all countries in the region, floods, drought and increasingly unpredictable weather patterns are impinging on food and water security. In an effort to both combat and adapt to these changes, local governments and civil societies in Asia Pacific Countries are finding creative, innovative solutions to environmental problems, helping to put the region as a whole on a more sustainable trajectory. However, these innovative approaches to environmental challenges are often not widely recognized, especially when it is small, local communities who are adopting them. The partnership held between the Association for Humanitarian Development and the Asia Pacific Forum for Environment and Development (APFED) Showcase Programme demonstrates how valuable smaller-scale sustainable development projects can be promoted to an international platform.

Active in 20 countries, the APFED Showcase Programme highlights projects which are creating enabling conditions at the community level for poverty alleviation and sustainable development. From climate change, biodiversity to resource resilience, water and several cross-cutting thematic areas like capacity development, the showcase projects promote societal transition to a Green Economy through capacity building and civil society participation. The aim of capacity building is to increase recognition of the value of natural capital at the community level and beyond. The featured projects have identified an array of success factors highlighting the importance of focus on and involvement of the community, optimization of local resources, stakeholder mobilization and empowerment, and linkage with macro policy. Through tremendous project implementation actions taken by the Association for Humanitarian Development (AHD), Pakistan, families who previously drank canal water in poor remote areas have been trained in the use of Nadi filter units at the household level. Use of the filtered water has suppressed previously common outbreaks of gastritis and diarrhea, leading to a decrease in the number of hospital visits for these illnesses. Communities now have access to safe and clean drinking water and greater awareness about their health & hygiene.

The AHD project to increase access to safe drinking water via the Nadi water filter within remote areas of Pakistan offers an exemplary example of APFED Showcase Programme supported projects with an opportunity for scaling-up in the future. The Showcase programme aims to not only demonstrate AHD's project achievements, but also the future challenges, acknowledging that sustainable development is not an end goal, but an ongoing process which requires constant learning. The key values of the AHD project include the participation of stakeholders and civil society in decision making, the creation of constructive interaction and partnerships to achieve stated goals, and effective field action with capacity development at the grassroots level. The APFED Showcase programme seeks the replication of such good practices at the local, national, regional and international levels.



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Pakistan is the country of this world that depends very much on agriculture. The agriculture in Pakistan has faced acute crises for last three years due to heavy floods of year 2010, 2011 & 2012. These floods had affected all the provinces of Pakistan. The prices of all the essential commodities like wheat, rice, ghee/cooking oil, lentils, fruits, vegetables and dairy products have increased a lot. The majority of population of Pakistan is spending maximum part of their income on food. The overall picture regarding poverty has increased rapidly and situation of rural vulnerable communities has been very much affected regarding food, medical, shelter and in agriculture.

The devastating floods of last three years have put the lives of marginalized communities at risk. The year 2012 has led us in uncertain and unstable situation nationally and internationally. The world seems becoming tough place for the poor. The terrorism, political situation and high inflation in Pakistan is also putting the life of an ordinary man more miserable.

AHD has been working in flood affected areas of lower Sindh for last three years. AHD has supported 10,000 families in 2010, 15,000 families in 2011 & some 8,000 families in 2012. AHD provided the food, non food items, shelter and medical support to the flood affected families at their door step. AHD is striving hard to provide safe drinking water & medical care to the thousands of families in Sindh. It has the challenge to approach more affected families in 2013.

Though AHD has faced a great challenge of achieving all its targets set for the year 2012 due to huge financial and other related inevitable resources constraints , but we left no stone unturned and managed to provide as much support as possible to vulnerable communities of Sindh in the wake of disaster this year. In the coming year we need the assistance from national and international supporters to reach out some 25,000 for disaster prone families. The limitations might slow the pace of our work but we believe however, the adversities are to be faced and how much situation deteriorates but AHD always wish to keep the light of Hope alive for the sake of humanity!



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## Association for Humanitarian Development (AHD)

Is a social community based organization was established on December 2001-2002 and register under the society's registration Act: XXI of 1860 on 17 May 2003.

### Objective

The main objective of the AHD is to work for the peace, justice, harmony and equality through the participation of most disadvantaged and marginalized communities for the sustainability as whole.

### Vision

To bring peace, justice, unity and harmony for all and to ensure availability food and equal distribution of natural resources among the Marginalized community.

### Mission

Mobilizing and motivation vulnerable people through different programs and projects, moving them towards sustainable development..

### Goal

Promotion of self help activities through capacity building among the vulnerable /poverty stricken communities towards sustainable development.

### Tools

Door to door visits, Awareness workshops, Seminars, Meeting, Exposures and Registration of SHG / CBO / CCB etc.





This year AHD went through the PHASE I of strategic planning, the aim was to determine the direction of the organization, understand its current position and the possible avenues through which it can pursue a particular course of action. In this planning phase AHD determined its focused thematic areas during recent years and after thoughtful review priority programs were finalized as to be:

1. Safe Drinking Water and Sanitation
2. Livelihood
3. Climate Change and DRR
4. Women Empowerment Program
5. Education
6. Health and Hygiene

### Safe Drinking Water and Sanitation

AHD aims at bringing innovative, simple, indigenous and conventional solutions for safe drinking water. Bio-Sand Nadi Filter have extensively been promoted and being installed in village communities and urban communities for access to safe drinking water through various projects. So far 13,600 families had been provided with BSNF in all over Pakistan. AHD



vision is to provide 50,000 BSNF units in remote rural and urban areas of Pakistan till 2015. Community members are being aware of risks and disadvantages of Open defecation. They are being mobilized to practice safe defecation and how this waste can be converted into useful manure. Pit latrines have been installed in rural communities of Sindh by AHD.



### Livelihood

AHD is working keenly with farmer communities and time to time provide assistance to them. Awareness sessions on crop management and best production technology, livestock raising, distribution of seed package of different seasonal vegetables and promotion of kitchen gardening are some of activities AHD has undertaken so far.

Those affected in Floods Of 2010-2012 lost their animals have been trained regarding restocking of small ruminants like poultry and goats and trainings and awareness session are also being delivered for best livestock management practices. AHD is planning to develop framer field school and model farms for sustainable agriculture and intends to under take vocational trainings and apprenticeship programs for this purpose seeking assistance of both local and international partners.





### Climate Change & Disaster Risk Reduction

AHD is well aware about the climate change and its impacts at grassroots level. At this level it is involved in the identification of specific needs, trends, practices, behaviors of community on climate change & DRR. AHD plans to impart knowledge and awareness on Climate Change & DRR and strengthening the communities towards the coping mechanism to response the

calamities. Moreover, AHD tries to focus on effective coordination and networking with GOs and NGOs for lodging advocacy on issue pertaining to climate and DRR.

AHD has been responding emergencies of Pakistan floods, 2010, 2011 and 2012 during and post disaster phases through search & rescue operations, shelter/NFIs, food assistance, health & hygiene and livelihood interventions in Thatta, Badin, Mirpurkhas, Tando Muhammed Khan, Hyderabad, Shikarpur and Jacobabad Districts.

### Education

AHD is playing a vital role in the efforts for literate Pakistan. There is lack of opportunities and facilities especially for girls and improper infrastructure is also one of the constraints. Lack of educational reforms, skilled and educated human resource and lack of good governance is adding to this crucial issue.

AHD is working on research and advocacy in this



Sector to identify the key problems and try to resolve these issues for community and advocate them to overcome these problems. Awareness rising and capacity building of marginalized communities is being done in this context. Fund raising opportunities from both local and international partners are in search of AHD. Coordination and networking is also being done for improvement in this sector with different concerned stakeholders.



### Health and Hygiene

Health and Hygiene of rural communities in Sindh is in its worst condition. AHD is doing its best to highlight them and bring them on screen. Various diseases such as acute bloody diarrhea, cholera, skin diseases, malaria and some seasonal and chronic diseases like hepatitis A, B and C are the result of bad Health and Hygiene

practices that are prevalent in communities. The Lack of awareness, careless behaviors and risky practices done in the communities, lack of coordination between different stakeholders are the main reasons. AHD is facilitating communities towards better practices through its priority program. Mobile Medicals camps are organized by AHD under supervision of certified Physician for these communities and free medicines are provided to them. Awareness sessions are also being conducted on personal, household and communal best hygiene practices.



### Women Empowerment Program

AHD envisions Women Empowerment in every front of life be it economic, social or political. Women contribute tremendously towards progress of society but are still deprived and powerless. Strengthening women has always been considered instrumental and remains priority area for AHD. Since its inception AHD has been working for the empowerment of women



and to bring changes on grass root level. By now numerous women CBOs in different areas of Sindh have been established. These village women CBOs are actively contributing in the village level development activities. They have been trained to conduct community meetings, provide health and Hygiene sessions, and disseminate smoke free cooking stove and Bio-Sand Nadi technology. AHD has also undertaken various health and livelihood activities for rural women of Sindh and it largely focuses on including women beneficiaries as much as possible and it is the main objective of AHD to mainstream gender balance in its all programs and projects.

## Safe Drinking Water & Sanitation

### Program Objective:

1. Awareness promotion & capacity building of rural communities to have access to safe and clean drinking water through meeting, workshops and trainings
2. Promotion of safe drinking water in 6,000 families till Dec 31, 2012
3. Provision of water facilities Nadi filter to 6,000 families
4. To provide sustainable sources for storage
5. Water quality testing of different sources and sharing with NGOs, CBOs and communities





## Program Activities:

1. To conduct baseline survey and identify needs at household level
2. To organize TOT trainings, meetings, workshops and trainings for awareness promotion on safe drinking water solutions
3. To conduct different water quality tests in available sources (Nadi filters, hand pump, canal water, wells, ponds, communal water tanks)
4. Distribution & installation of safe drinking water units
5. Installation of wells, hand pumps and ponds at village level
6. Nadi filters, communal tanks and storage facilities in different village of targeted districts
7. Printing of awareness material for promotion of useful safe drinking water solutions



## Program Indicators:

1. No. of people get aware about safe and clean drinking water
2. No. of Nadi filter units installed in different villages
3. No. people have facility to store drinking water in their communal water tanks
4. Women work load reduced through increase in storage capacity
5. Health of women and children improved





## Safe drinking Nadi Filter units Promotion during Flood 2010 to 2012

Year	Activity	No. of Units	Beneficiaries	Women	Children	UC/Tehsil / District	Partner
Year 2010	Safe drinking Nadi filter units promotion in flood victims 2010	1,000	10,000	5,500	3,800	Tando Hafiz Shah & Jhirk, Thatta	German Consulate General, Karachi
Year 2010	Safe drinking Nadi filter units promotion in flood victims 2010	70	700	250	310	Tando Hafiz Shah, Thatta	Stichting Studiebeurs Pakistan
Year 2010	Safe drinking Nadi filter units promotion in flood victims 2010-2011	2,000	18,000	6,500	7,300	Jati, Sujawal, Thatta	Global Giving
Year 2011	Safe drinking water & Quality water testing in Mansehra KPK 2010-2011	600	4,800	1,630	1,700	Slum areas of Mansehra District	WHO Pakistan
Year 2011	Safe drinking Nadi filter units promotion in flood victims 2010-2011	500	3,400	1,200	1,400	15 village of Jati, Thatta	Help Alliance Germany
Year 2011	Safe drinking Nadi filter units promotion in flood victims 2010-2011	250	1,800	800	750	10 village of Matli, Thatta	Help Alliance Germany
Year 2012	Safe drinking Nadi filter units promotion in flood victims 2010-2011	300	2,200	950	780	UC Dubi, S.I.Rahoo, Badin	Misereor Germany
Year 2012	Safe drinking Nadi filter units promotion in flood victims 2012	450	3,150	1,010	1,320	Tando M. Khan & Matli	Global Giving & Individual donors
Floods 2010-2012	Total Nadi filter units promotion	5,170	44,050	17,840	17,360		



## Program Objectives

- ! • Research and Advocacy
- ! • Awareness Raising
- ! • Capacity building
- ! • Coordination and Networking
- ! • Fundraising

This program runs through initiatives like conducting research, assessments and report writing. Publications are also disseminated in community. Printed matter is designed and delivered to community for better understanding. Awareness is created among community against flaws and is guided to adopt innovative technologies for sustainability. Capacity building of communities is done to improve their livelihood. Linkages through different means are developed with NGOs/INGOs, Govt. line departments and different stakeholders for sustainable livelihood. Fundraising opportunities are also identified and proposals are formulated to support livelihood sector.

### Alarming Situation of Crop Damages in Matli after Floods 2011-2012



### AHD efforts in uplifting Food Security in Flood affected families through agriculture and kitchen gardening





## Implementations by AHD in Livelihood Sector 2012

1. Food ration support for 473 Flood/Rain 2012 affected families of UC Thari, Matli, Badin, Sindh-Pakistan on November 9,10, and 11 2012.
2. Restocking of small ruminants for 250 families (hen & goats). Mainly households selected were women headed and people with no land in 10 villages of Matli, Badin, Sindh-Pakistan.
3. Kitchen gardening kit support for 250 families to raise vegetables at their household level in Matli, Badin, Sindh-Pakistan on August 2012
4. Awareness seminars to livestock owners on livestock management in villages and CBOs formed in Matli, Badin, Sindh-Pakistan in the month of October 2012.
5. Awareness seminars to farmers on production technologies of crops in various villages and CBOs formed in Matli, Badin, Sindh-Pakistan in the month of November 2012
6. Through the year 2012 Nursery establishment and raising of trees
7. Installation and TOT of FES stoves in 10 villages of Matli throughout the year.
8. Tree plantation in 10 villages of Matli from the start of Dec and still in progress.
9. Awareness rising on solid waste management in 10 villages on 7-8 Dec 2012.
10. Mobilization of use of seed storage facilities like storage bins at household level in 10 villages on 7-8 Dec 2012.



## AHD looking forward to..!!

Years of progress by AHD to improve livelihood of marginalized community in rural areas has lead us to step into different initiatives to meet needs of present times. Challenges and issues are at stake, but milestones are yet to be achieved. AHD wants to establish model farms with practices of advance agriculture in indigenous context, in order to promote sustainable agriculture and livestock management. This will promote the concept of farmer field schools. These schools will prove handy when issues and evils will be identified at grass root level. This type of facility will highlight the concerns of tenant/ sharecropper community and ultimately will be a step ahead in progressive farming with indigenous knowledge. Same is the case with Livestock management, the planning of adopting positive and innovative strategies in this sector is in process.



Relief and Rehabilitation is the mandatory Program of AHD. It depends on Emergency / Disaster situation that occurs anywhere in Pakistan. It solely depends upon funds and partnerships with different stakeholders. This program has previously succeeded to support disaster hit families of Flood 2010-2011 in Sindh-Pakistan. In 2010 the count of flood victims supported with food and non-food items reached up to 10,768 families. In 2011 it was 15,770 families. Furthermore rehabilitation program was completed in 500 families of Jati, District Thatta. In UC Dubi Shaheed Fazal Rahoo 3805 families were given rehabilitation support. These all activities were completed in 1st quarter of the year 2012.

In Matli, a project of rehabilitation of 250 Families in 10 villages was launched in March and completed in Dec 2012. This year's monsoon again proved to be fatal for some part of Sindh, mainly the upper part. But some areas of UC Thari, Matli also came inundated in water. They needed emergency support of food ration and were provided to 473 families in Nov 2012. AHD also implemented a distribution of tool kits for the support of farmer and labor community. It was done in Sep 2012 for 923 families of Matli rural and semi-urban areas. It was with collaboration of IOM.



AHD submitted proposal to ERF for emergency response. This included support of Shelter and NFI kits to 750 families of UC Ahmedpur, District Jacobabad. It is approved by ERF and will be launched by the end of Dec2012.

### Distribution Process





## “REHABILITATION OF FLOOD VICTIMS FOR 250 FAMILIES OF MATLI AREA DISTRICT BADIN”



**Objective:** to visit the CBOs/ villages formed in Matli for reviewing their upcoming issues and interventions implemented there.



### Name of Villages Visited

S. No	Village	UC	District	Contact Person
1.	Raees Porho Khan Nizamani	Matli 1	Badin	Hero
2.	Lalji Kohli	Fulkara	Badin	Veerji
3.	Dr. Ismail Odhejo	Matli 1	Badin	Roshan
4.	Bhomo Kohli	Thari	Badin	Bhomo
5.	Ahmedabd	Malan	Badin	Ahmed
6.	Chothu Kohli	Matli 1	Badin	Chandar
7.	Rano Kohli	Malan	Badin	Rano
8.	Dano Kohli	Matli	Badin	Hashoo
9.	Bhawo Kohli	Matli	Badin	Bhawo

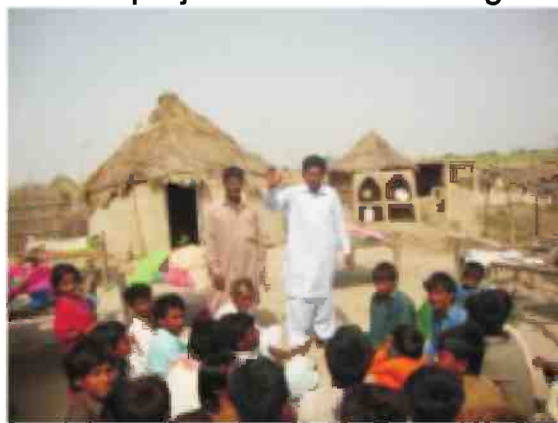
**Baseline Study and Interventions**  
Self Help Groups formation



According to proposed activities of project, orientation meeting was conducted in office to plan out the formation of Self help groups (SHG) for project implementation in Matli. Women's were selected for this to initiate the project activities. 10 targeted villages was visited and 25 women from each village were selected. For mobilization purpose in community and to make sure the participation of villagers, women should be key participants. Thus they were selected from each village @25 per village.

**Number of volunteers:** 250 in 10 villages

- 250 families are targeted
- They were very well aware there problems.
- They agreed to participate with keen interest



### Safe Drinking Nadi filter units Promotion

Staff of AHD visited each of the villages and conducted workshop on Nadi Filter installation. This included the whole procedure of its construction process. Community members participated in it with keen interest. They were also aware about the disadvantages of drinking contaminated water, and due it they were getting sick usually. The whole demo was presented before them of Nadi Filter construction, sand grading, sand filling in Nadi according to size, fitting of outlet pipe in Nadi and hole in Matka. Trainings went successful throughout.



- 1) More than 250 families were benefitted
- 2) Safe drinking water is available to them
- 3) Reduction in sickness incidence of community
- 4) Diarrhea incidence is decreased
- 5) Health condition of children is good
- 6) Promotion of safe drinking Nadi filter
- 7) Awareness on risks and hazards of drinking contaminated water
- 8) They were agreed to continue this process

### Fuel Efficient Cooking stove

Staff of AHD gathered the village Women and conducts the introduction meeting of FES and describes the benefits of FES. Women of these villages participated with keen interest and helped to made bricks. AHD staff support in making of bricks and provided them Frame. Now in two day the villagers made brick and our step for this village is construction of FES.

**Number of Participants:** 25 in each village

- 1) 250 Women got skills of making stoves to save their time and health.
- 2) 10 stoves were made in two villages during training.





3) They were very well aware about Smoke-less stove.

4) They were agreed to continue this process.

During the training village women and old men were satisfied working of AHD staff and learned a new technique of stoves. They were happy to have Fuel Efficient Stoves for daily use. Women participants made commitment to continue this process.

### Vegetable Seeds (Kitchen Gardening)

Staff of AHD visited each of the villages and distributed seeds among families. Sowing techniques as well as management practices of vegetable were told to them. List of villages with quantity of seeds packets distributed is given below. 10 vegetable seeds packed in separate polypropylene and then packed in polythene bag makes a count of one packet.

S. No	Name of Village	Packets Distributed
1.	Chothu Kohli	50
2.	Ahmedabad	25
3.	Salah Soomro	25
4.	Poro Khan Nizamani	20
5.	DR. Ismail Odhajo	30
6.	Dano Kohli	25
7.	Poonpo	25
8.	Bhaho Kohli	10
9.	Lal G kohli	30
10.	Rano Kohli	25
<b>Total</b>		<b>265</b>

**Number of beneficiaries:** 265 families in 10 villages

- 265 families got vegetable seeds to sow at household level
- Vegetables will be available to them in 2 to 3 months.
- Promotion of organic farming practices
- Promotion of kitchen gardening
- Economical and healthy vegetables commodity for community
- They were very well aware of Kitchen Gardening.
- They were agreed to continue this process.





### Medical Camp/Health Seminars

Mobile camp was facilitated for targeted villages. Villagers were informed before to bring sick people for checkups. A suitable point was chose for it, that was near to all villages, so that it would be convenient for all to come. Females and Children were attended separately than males. Mostly adolescents were patients as their immunity level was low. Checkups were made thoroughly and individually. Free medicines were provided to patients. Female staff conducted awareness seminars on female heath and personal hygiene. Other issues included maternal and safe labor practices.

- 1) More than 250 families were benefitted
- 2) A total of 500 patients were examined
- 3) No of children examined= 150
- 4) No of Male adult and old examined= 100
- 5) No of female adult and old examined= 100
- 6) No of Pregnant women examined =75
- 7) No of feeding mothers examined=75
- 8) Promotion of health consciousness
- 9) Promotion of Hygiene Practices
- 10) They will regular visit their nearest hospitals
- 11) They were agreed to continue this process



### Community Needs at Glance

- Basic education facilities for both male and female children
- Improved standards and interventions for Livestock
- Capacity building on progressive agriculture and kitchen gardening
- Promotion and trainings on solid waste management
- Safe drinking water through Nadi Filter
- Promotion of nursery establishment in villages





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**AHD has been responding emergencies of Pakistan floods, 2010, 2011 and 2012 during and post disaster phases through search & rescue operations, shelter / NFIs, food assistance, health & hygiene and livelihood interventions in Thatta, Badin Mirpurkhas, Tando Muhammed Khan, Hyderabad, Shikarpur and Jacobabad Districts.**





## Empowering Women

Despite many international agreements affirming their human right, women are still much more likely than men to be poor and illiterate. They usually have less access than men to medical care, property ownership, credit, training and employment. They are far less likely than men to be politically active and far more likely to be victims of domestic violence.

AHD's programs provide a solid foundation that nurtures the strength, creativity and self-esteem of women from all walks of life. With this base established well, women are able to go out into the world, prepared to handle any challenge with skills, confidence and grace. They come to the forefront, where they become agents of peace and positive social change for themselves, their families, other women and their society.



## Women CBOs

To bring changes on grass root level this year led AHD to establish 230 women CBOs in different areas of Thatta, Badin, Tando Allahyar and Matli. These village women CBOs are actively contributing in the village level development activities which are the key to women empowerment in rural areas. They have been trained to conduct meetings in the communities, to provide health and Hygiene sessions and to disseminate smoke free cooking stove technology.



## Sewing Centers

The formation of two sewing centers in the area of Hyderabad has greatly contributed this year in bringing an economic and social change in the lives of deprived women. Through the year 2012 thirty females in two centers have acquired stitching and cutting skills, the opportunity of learning in these centers has not only opened the prospect of financial independence for these marginalized women but has also infused a new spirit and confidence in their lives.





## Fuel Efficient Stoves

Indoor air pollution caused by smoky wood burning stoves is as detrimental to health as smoking 2 packs of cigarettes a day. Traditional wood-burning stoves in rural Sindh households have a devastating effect on the environment and on women's health. Trees are cut down for firewood, and smoke from these stoves causes eye and respiratory infections as well as asthma.

Through the AHD Fuel Efficient Stoves Program 4,500 families are eligible this year to construct fuel-efficient stoves in their homes, which reduce by 60% the



firewood needed to cook meals and eliminate indoor smoke and helping in the reduction of chronic effect on the environment and on women's health.



## Gender Mainstreaming

During the year 2012 AHD largely focused on including women beneficiaries as much as possible and it remains the objective of AHD to mainstream gender balance in its all programs and projects. Women farmer tree seed distribution was made solely to 120 women headed families.





The awareness of individuals about health is fundamental to promoting a healthier village. If people do not understand the causes of ill health they will not be able to make decisions about investing resources and time to improve their surroundings.

Association for Humanitarian Development (AHD) conducted various Health and Hygiene awareness programs in the year 2012 in the areas of Matli, Thatta and Badin.

Hand washing is one of the most important ways of controlling the spread of infections, specially those that cause diarrhea, vomiting and respiratory diseases. During the year AHD conducted Hand Washing sessions in communities in which the recommended methods of hand washing with soap were demonstrated. School children, elder female and other community members participated in these events.



In other awareness sessions the Health Staff of AHD highlighted the causes of common diseases and importance of hygiene in our lives. As hygiene is a key factor it was communicated in these sessions that people can protect themselves from diarrheal diseases and other infections if they have information and are encouraged to make changes in their hygiene

behaviors. This year the lady health workers through the forum of AHD emphasized, in various awareness sessions, the importance of preventive measures for good health and proper attention should be given to avoid local untrained traditional birth.





AHD is also playing a vital role in the efforts for Education in Pakistan. There is a lack of opportunities and facilities especially for Girls. Improper infrastructure is also one of the constraints. Lack of Education reforms, Skilled and lack of good governance is adding to this crucial issue.



AHD is working on research and advocacy in this sector to identify the key problems and try to resolve these issues for community and advocate them to overcome these problems. Awareness rising and capacity building of marginalized communities is being done in this context. Fund raising opportunities from both local and international partners are in search of AHD. Coordination and networking is also being done for improvement in this sector with different concerned stakeholders.





## AHD DISTRIBUTED SOLLAR LIGHT IN DISTRICT BADIN

### What is the issue, problem, or challenge?

Kerosene lamps in rural villages UC, Dubi District Badin contribute significantly to illness and death due to indoor air pollution and fires. They limit education, without the ability to study after dark, and they introduce significant CO2 emissions, many time in the night they are at the risk poiness creeping insects i.e is snake and scorpion. They increase poverty, a large percentage of a village household's income is spent on kerosene, and they limit commercial activities.

### How will this project solve this problem?

AHD, Team conducted survey In UC, Dubi in Badin district and identified such villages having no electricity at all. We provide them Solar Lights and arranged demonstration session giving awareness about handling the lights. Thus breaking the cycle of poverty, ignorance and disease by providing affordable solar lighting to the poorest people of the villages and making their life glowing.

### Potential Long Term Impact

Many parents have told us that they can now work and their children can study in the evening for the first time. Long-term this project benefits the health of the families, the education of the children and parents, their income potential and the planet as a whole.





## Silver lining (Sewing Centre Case study)

Dia, is a 35 years old widowed and mother of two daughters, has been on the mercy of her in laws to arrange bread and butter for her children. She finds it extremely difficult to survive this way as her in laws themselves have limited resources and can not afford to extend helping hand towards them. Dia has tried to work outside home but cultural barriers did not allow her to earn this way for long. Sewing centre in Latifabad number 5 has given dia an opportunity to learn sewing skill being close to



her home and children, she has proved herself a keen learner and within two months she is able to stitch a complete dress. After month or two she will be able to acquire expertise in her stitching and after the completing this course hopes to get sewing machine. Coming to sewing center has also infested in her a huge confidence and new spirit to lead a better life, she has made lots of friends and build a unique support system here.

Dia wants to start off sewing activity at home to generate some income for her daughters, she also dreams to send her daughters to some school and thanks AHD for bringing silver lining in her life.

## Happiness returned- (Food Aid Case study)

Bhoomo aged 40 is resident of village Bhoomo Kohli , UC Thari , Taluka Matli, Badin. He is a tenant and grows crops on his master lands for survival of his family. He was depressed of the conditions he is going through. He managed to provide his family a satisfied living, but after floods Of 2011 everything changed all of sudden. He has a family of 5 including his wife and 2 sons, 1 daughter. He quoted "it all happened so rapidly and changed my life for once and all". The reason behind all this is



Debt burden. He and his other brothers share 60 acres of land for farming purposes. Cotton was in fields with cotton balls to harvest but floods 2011 washed away all. Next it was turn of Rabi crop wheat to be sown but standing water in fields didn't make it possible for him. The lands dried in 3rd month of 2012. He managed to sow Cotton again but rains 2012 made things worse for him. His Cotton fields are again destroyed and AHD team witnessed those fields. At present he is looking for some labor on daily basis to manage his financial needs. When asked from him who will bear the loss he quoted "the master will get all these expenses from us next year when we will be able to harvest crops this or next year, Till than I am under his debt and borrow money in times when I don't get labor work". He needed emergency food ration support; this was question of his survival. AHD in collaboration with Help Alliance distributed food ration package in his village. He was also one of the beneficiaries and was happy to receive the support.



## A sign of Relief (FES Case Study)

Mrs. Paro Nanji aged 40 years, resident of village Hajji Sawan. The village has 60 families and they all are using traditional stove for cooking. Paro Nanji has been suffering from asthma problem from last two years. The traditional stoves has not any chimney and proper place for exhaustion of smoke therefore it has created hazardous effect on Paro Naji, the other women of the village has also been going through the same ordeal of enduring usage of theses stoves which causes various respiratory and eye diseases.



Since AHD introduce their FES (Fuel efficient Stoves) smoke less stove the health of the village women getting improved, Because this stove have Chimney and less usage of wood and operate two stove and the same time so the time consumption also reduce and the major point of this is that the fire hazard in their household has removed .

Mrs.Paro Nanji personally thankful to AHD staff to introduce us and aware about its benefit and being village women I will try to continue this process and train other women.

## Blessing of Clean Water (Bio Sand Nadi Filter Case Study)

Residents of Village Chotho Kohli Tehsil Matli District Badin were facing appalling situation of unavailability of fresh/ clean drinking water. The water they were drinking or using for cooking purpose was not appropriate for their health. Most of them were suffering from Cholera, diarrhea, Hepatitis, Typhoid and many of skin diseases.



With the cooperation of Chandar a resident of Chotho Kohli, AHD staff visited Chotho Kohli village and conducted the survey, identified problem and thereafter formed CBO'S in the village to provide sustainable, easy and indigenous solution for their problem. AHD arranged TOT trainings for villagers to install Bio sand Nadi filter which is formed with the help of clay pots locally called Nadi and Matka and Pipe of 20" this technology is low cost, easy to make with locally available materials and provide ultimately clean water solution. Now, almost 150 families using safe drinking water in the village through the installation of Nadi Filter. They are heartily thankful to AHD from saving their lives from various diseases acquired earlier from contaminated water.



## Self Help Initiatives by CBOs

Community participation is the secret of the success of all self-help initiatives. AHD self help initiatives ensure community participation and advocates the need for people to improve their condition using local initiatives and resources in their own hands. With the help of organized CBOs in district Badin AHD this year undertook various self help initiatives such as distribution of tree plantation seed, kitchen gardening activities, installation of Nadi filter and construction of Fuel efficient stoves.

With the passage of time organized CBOs thrived and were able to under take self help initiatives in the area of Jati district Badin. Initially the replication of Nadi filters and fuel efficient stoves were done remarkably well as TOT trainings were provided to CBO members to impart the skills on the construction of fuel efficient stove and Nadi filter. The replication of the FES and Nadi Filters was carried out on



large scale and almost 1,800 Nadi filters were installed in the area. With the little support of AHD CBOs mobilized community members into contributing cash for tree plantation seed and kitchen gardening seed hence, a sufficient amount was available to distribute eucalyptus, Ficus spp. and Jaman seedlings to 10 villages in deserving community members. By the time they are able to recycle these seeds and this is how the activity is being continued and benefitting hundreds of families.



## Women Role

The role of women can not be ignored in the self help efforts supported by AHD as they played a very important part in the running and management of these self help initiatives. These women were usually very influential in rallying fellow women to participate in community activities.





Unsafe Drinking water



Safe Drinking Water



Traditional Stove



Fuel Efficient Stove



Damaged Crop in flood 2012



Crop after AHD arrival in village



Damaged houses in flood 2012



Shelter provided by AHD



Seeds Distribution



Kitchen Gardening





# Celebrating World Water Day

To raise community awareness about safe drinking water and its careful use, AHD observed world water day at Tando Muhammad Khan on 22nd March 2012



A step towards sustainable development



Global Giving is a charity fundraising platform that gives social entrepreneurs and non-profits from anywhere in the world a chance to raise the money that they need to improve their communities. AHD has been involved in various interventions through the support of Global giving and running various projects successfully which are:

### 1. Girl Effect Fund for Sindh Pakistan

<http://www.globalgiving.org/projects/girls-effect-fund-for-pakistan/>

AHD working in rural areas of Lower Sindh Pakistan, the target families are poor farming communities, where women literacy is very low and no girls education facility in the villages, AHD want to provide facility for the young girls education and livestock support in 1,000 girls in Hyderabad, Thatta & Badin areas through provision of books, school dresses, female goat and girls development schemes and courses. The project will focus most poor girls.



### 2. Women Sewing & Skill Training Center Pakistan

<http://www.globalgiving.org/projects/women-sewing-center-pakistan/>

The Hari camp is a place of landless tenant farmers released from landlord's jails and are now residing in a camp near Sikandrabad Kotri. Urgent support is needed for women and girls.



### 3. Safe Drinking Water for Flood Victims in Pakistan

<http://www.globalgiving.org/projects/pakistan-flood-affected-families-support/>

This project will provide immediate support for 10,000 families through Nadi filter unit for clean drinking water, mosquito nets and water coolers for safe drinking water as well as hygiene promotion to save 60,000 households.



### 4. Cooking Stoves for Flood Victims in Pakistan

<http://www.globalgiving.org/projects/rural-women-empowerment-in-pakistan/>

Heavy floods hit the Jati and Sujawal area and all 30 villages were submerged in flood water. This project is necessary to rehabilitate the flood victims with a safe cooking environment.



### 5. Low Cost Shelter for Flood Victims of Pakistan

<http://www.globalgiving.org/projects/shelter-for-pakistan-flood-victims-2011/>

Low cost shelter project designed to protect the 1500 affected families of Uc Dubi & Khorwah of Taluka Shaheed Fazal Rahoo, Badin District by providing them low cost one room housing to bring them back to normal life as before floods, that they can secure their women & children as well as whole family in their own home. AHD staff will mobilize poor flood victims for construction of their houses within 2 months time period



### 6. Support Floods 2012 in Jacobabad & Dadu Pakistan.

<http://www.globalgiving.org/projects/floods-2012-jacobabad-and-dadu-in-pakistan/>

The project aims to support Flood Victims 2012 in Jacobabad & Dadu, In Jacobabad & Dadu about 1,200,000 populations affected and 360,000 peoples have been accommodated in various places through establishing camps within the district. Visiting various camps affected communities shared that from very 1st day till now we haven't received any assistance from anywhere. Even we haven't given food for our children and women. Their is urgent need to support Flood Victims 2012



### 7. Food & Medical Relief for Flood Victims Pakistan.

<http://www.globalgiving.org/projects/pakistan-floods-relief-2010/>

Pakistan Flood Victims 2010 are in difficult position, we at AHD through this project will support women and children at their door step for provision of medical care & medicinal support to 8,000 households & about 1,000 families will be benefited from this activity. AHD medical staff will also take care for the provision of nutritional food to pregnant women in rural of Thatta district affected by floods 2010





9th Annual celebrations May 17th 2012 of Association for Humanitarian Development (AHD) at Hotel Crown Palace, Latifabad Hyderabad Sindh Pakistan



Cake Cutting Ceremony with Guests and Staff on 9th annual Celebration

More than 100 people from NGOs, INGOs and CBOs from the AHD target areas participated actively in the annual celebration. Safe drinking water resolution passed and signed by more than 120 people for the promotion of the access to safe and clean drinking water.



AHD Presentation given by Mr. Asif Faraz, vice president AHD Hyderabad, described the overall performance and programs and project of AHD for the target communities, AHD played vital role during floods 2011 and provided support to some 15,000 families with food, non food items, shelter kits, hygiene kits and medical camps and free medicine to the vulnerable families in Badin, Thatta, Tando M. Khan, Mirpurkhas and Jamshoro districts.



Mr. Ghulam Mustafa Balouch, Deputy Director, SPO Sindh during ajrak presentation

Group photo with guests, staff and board members on 9th Celebration in Hotel Crown.

A step towards sustainable development



## National Trainings/seminars/workshops



Workshop attended by Mr. Umair Alam on Livestock and emergency guidelines and Standards (LEGS) organized by food security cluster from 11th to 14th Sep. 2012 in Hyderabad

Seminar attended by Ms. Tahira Naseer & Ms. Sarina Feroz on International day of Rural women 5th Annual conference organized by Poda NGO as on 15th Oct. 2012 Pindi Islamabad

1. UN-HABITAT in collaboration with The NDMA organized a two days Conference from 13-14 February 2012. Main objective of the conference is to promote awareness on "National Conference on Learning from Disasters" the conference held from 22 nd and 23 rd of Feb 2012 in "Marquee Hall Marriott Hotel Islamabad"

AHD organized stall on disaster related activities, linkages development with national and international organizations.

## International Trainings/meetings/seminar/workshops

2. Dubai, UAE, April 1st 2012 - Under the patronage of HH Sheikh Mohammed Bin Rashid Al Maktoum, Vice-President and Prime Minister of the United Arab Emirates and Ruler of Dubai, the Dubai International Humanitarian Aid and Development Conference and Exhibition (DIHAD)

UNEP Regional Media Workshop, Environment in Asia Pacific: Communicating the Issues, taking place from the 18-21 Nov. 2012 in Kathmandu, Nepal. The UNEP media workshop was useful for the AHD Hyderabad to present the Case study 7: Safe Drinking water via the Nadi water in Remote Rural Areas of Pakistan

Case Study Presented by:

A Khurshid Bhatti, Association for Humanitarian Development, Pakistan

Masanori Kobayashi, Yokohama National University, Japan





Mr. A. Khurshid Bhatti during UNEP consultation workshop for draft revision Rio+20 and MDGs for submission to UN GA



A. Khurshid Bhatti from Pakistan & Masanori Khobyashi from Japan during Media consultation workshop from 18-21 Nov 2012

Civil The Asia Pacific Civil Society Regional Consultation Meeting 2012 is organized by the United Nations Environment Programme (UNEP), and the Asian Development Bank (ADB). It will be held from 22-23 November in Kathmandu, Nepal. The meeting will focus on the following topics:

- \* Overview of major issues from Outcome Document and Implications for Major Groups and UNEP
- \* UN Post 2015 Agenda and Role of MGS
- \* Green Economy in the Context of Sustainable Development & Sustainable Consumption and Production
- \* The Role of Major Groups in Post Rio Agenda



ICIMOD



On December 18th 2012 certificate distribution ceremony was held in AHD office for sewing centre young girls who had completed their three months training course arranged by AHD. Completion certificates were distributed after assessing their skill through their prepared dresses which were also displayed in the exhibition held in AHD office. Certificates were not only presented to the candidates who had successfully completed their course but the appreciation certificates were also awarded to the sewing center teachers to recognize their efforts.



Mr. Khurshid Bhatti (CEO), Board members and all AHD staff members were present at that occasion who appreciated the efforts of those girls who, in a very short time span, learnt this skill. The appreciation was not limited to the certificates but sewing machines were also distributed to the position holder girls and one sewing machine was given to each centre as a consolation prize. This event also marked happiness and joy of the coming year and Christmas as sewing centre girls were provided opportunity to present the speeches and Christmas songs on this event.





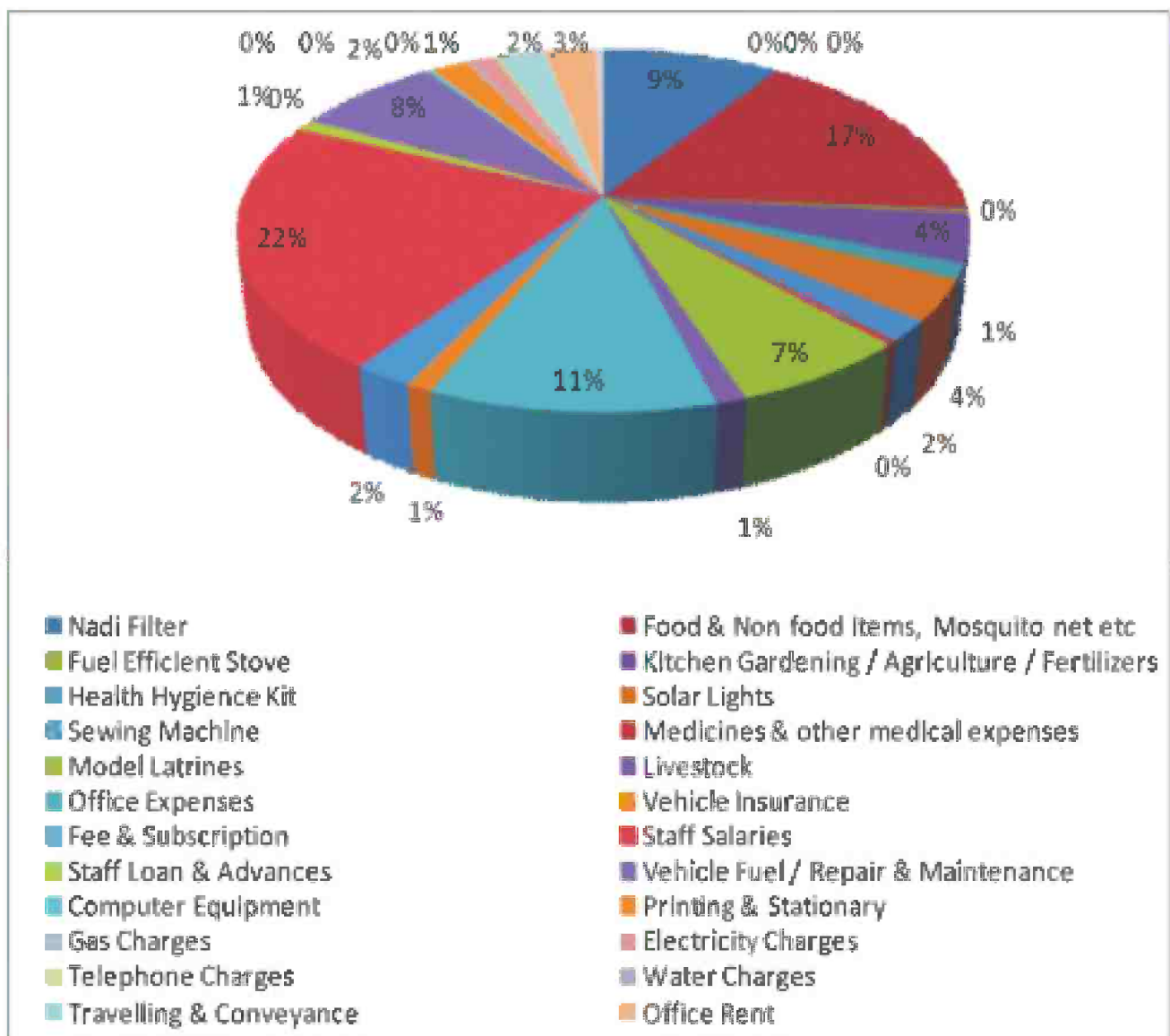
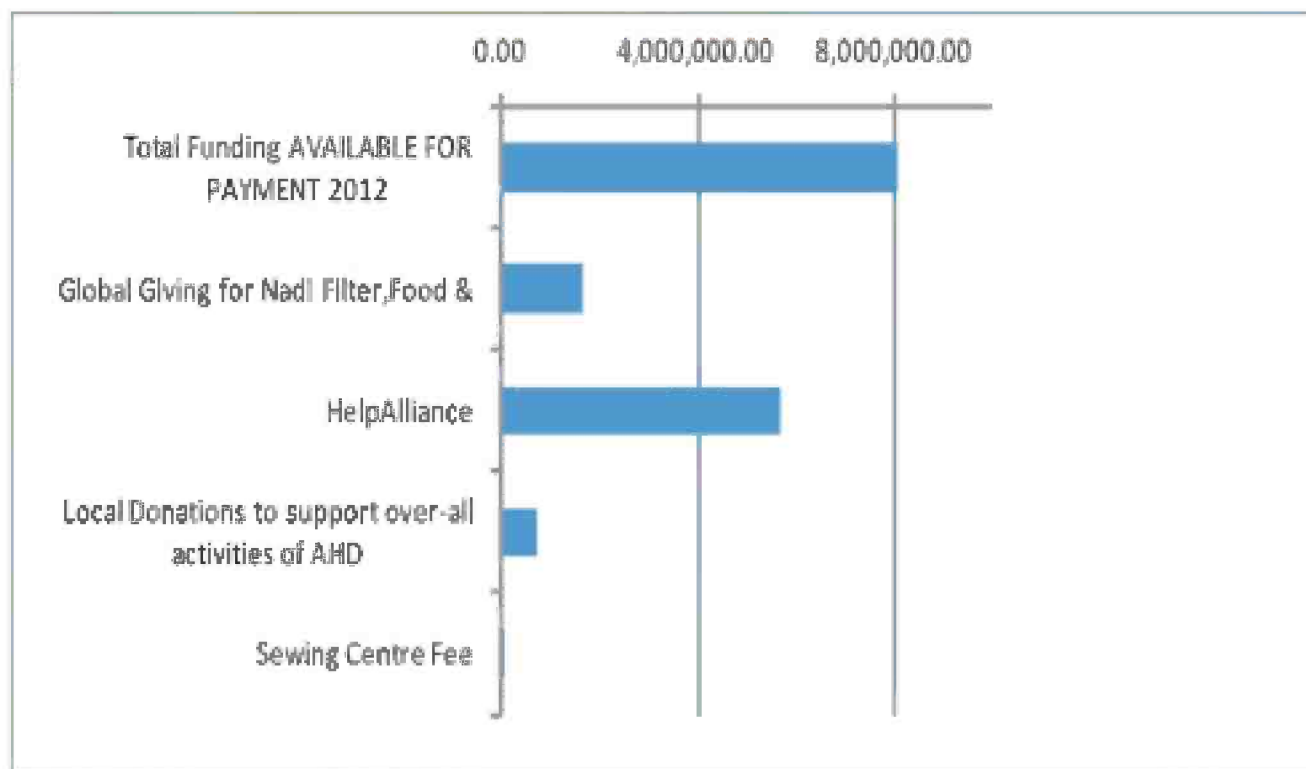
## Partners of AHD in 2012





1. Sustainable Development Policy Institute (SDPI)
2. Sindh Development Society (SDS)
3. Capacity Building & Human Development Institute (CHIP)
4. Sindh forestry workers cooperation Organization (SAFWCO)
5. German Consulate General of Germany Karachi
6. ODP Multan
7. Help Alliance (Lufthansa airline )
8. DOABA Foundation Muzafargarh
9. Tear Fund UK Mirpurkhas Office
10. Scope Karachi
11. Misereor Germany
12. HANDS Karachi
13. Participatory Village Development Program (PVDP)
14. Action for Humanitarian Development (AHD)
15. Sewapak Mirpurkhas
16. Human Development Foundation (HDF)
17. GODH Lahore
18. Sawfco Hyderabad
19. IRSP Marda
20. Action For Human Development Thatta
21. Oxfam GB Pakistan Program
22. Association For Human Development Rawalpindi
23. Oxfam NOVIB Pakistan
24. Pak CDP Peshawar
25. Larr Human Development Program (LHDP)
26. World Health Organization (WHO)
27. Caritas Pakistan Hyderabad Office
28. Sangtani Punjab
29. Global Giving
30. Hope for children
31. Asia-pacific Forum For Environment Development (APFED)
32. United Nation Environment Program (UNEP) Thailand
33. News China
34. Asian News Network
35. Institute for Global Environment Strategies (IGES Japan)
36. World Society for the Protection of Animals (WSPA)
37. Sustainable, Tourism, Hospitality, Events & Marketing
38. Action group erosion , technology and concentration (etc group)
39. Inter Press Service (IPS)
40. Asia Pacific Forum on Women, Law and Development (APWLD)
41. Partners With Melanesian Inc (P&G)
42. Centre for Environment And Sustainable Development India (CESDI)
43. Aljazeera TV Network
44. International Centre for Integrated Mountain Development (ICIMOD)
45. Women Development Program (WDP)
46. Sustainable Tourism Foundation Pakistan (STFP)

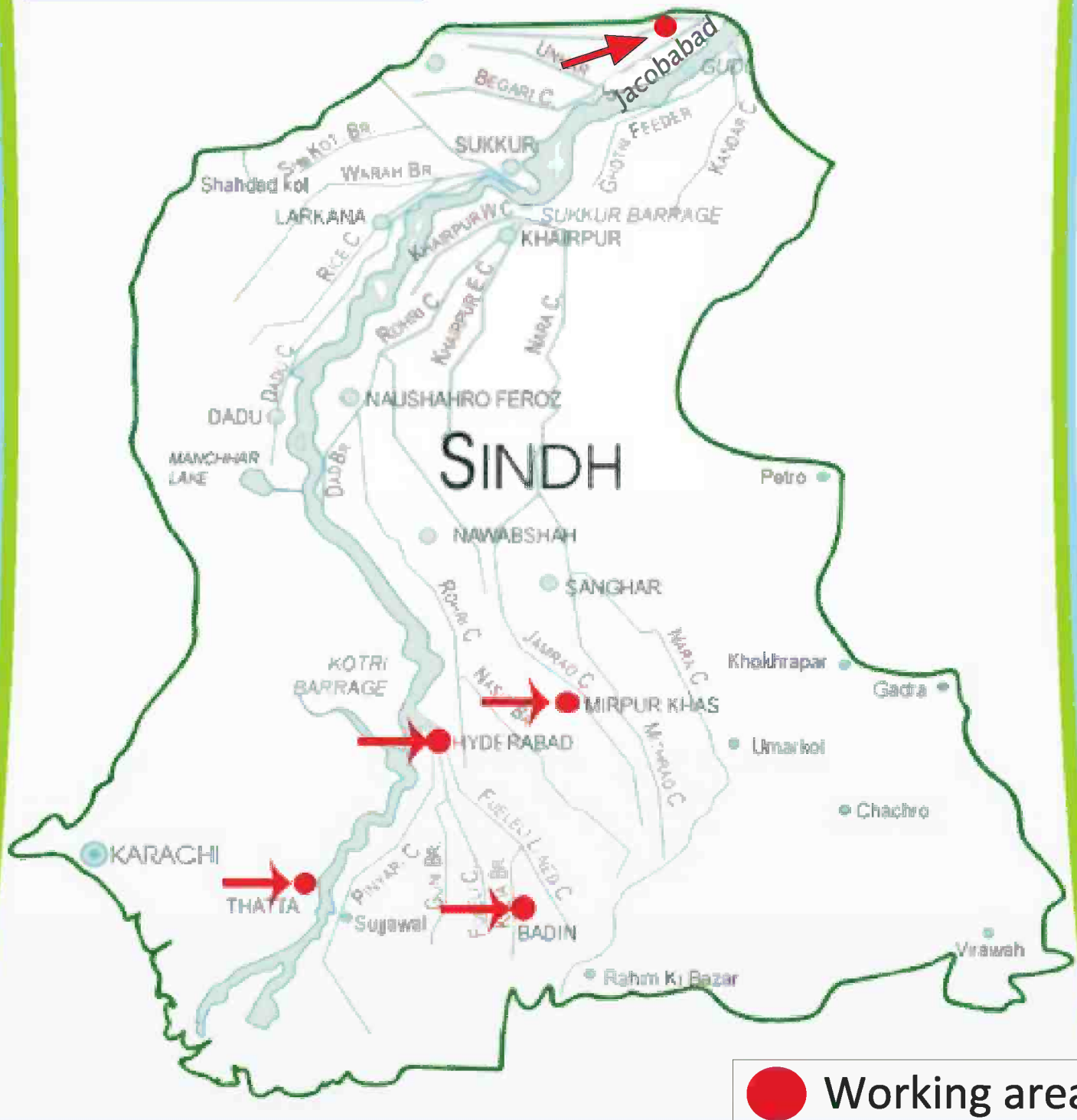






# Working Areas of AHD in 2012 - 2013

- THATTA
- BADIN
- MIRPURKHAS
- HYDERABAD
- JACOBABAD



● Working area





# Association for Humanitaria n Developma t (AHD)

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